



OUR EARLY EDUCATION PROGRAM

A STRONG FOUNDATION FOR YOUR CHILD'S SUCCESSFUL START TO SCHOOL



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@careforkindies_



CareForKindies





WELCOME TO CARE FOR KINDIES

Starting school is a big step, and we want children to feel excited, confident, and ready.

At Care for Kindies, school readiness means much more than knowing letters and numbers—it's about building independence, resilience, and a love of learning.

Through play, projects, and everyday routines, children develop the social, emotional, physical, and academic skills they need for a smooth transition into school.

OUR PHILOSOPHY

We believe in preparing the *whole child*. Every child's journey is unique, so our educators take time to nurture their strengths, support their needs, and inspire their curiosity. Our program is guided by:

- **Reggio Emilia** – children learn best through exploration in environments designed as “the third teacher.”
- **Vygotsky's Sociocultural Theory** – learning happens through relationships and social interaction.
- **Bronfenbrenner's Ecological Systems Theory** – children grow within families, communities, and cultures that shape their learning.

Our goal is simple: to give every child the best possible start, so they step into school happy, confident, and ready to thrive.

“The program has prepared our daughter not just academically, but socially and emotionally too.”

DANIEL, PARENT



OUR LEARNING PILLARS



A HOME-LIKE ENVIRONMENT

Welcoming spaces filled with natural materials, books, and open-ended resources that spark curiosity.



A LOVE OF LEARNING

Independence, creativity, and self-expression are encouraged every day.



COMMUNITY CONNECTIONS

Building relationships with schools and our wider community, helping children feel a sense of belonging.



PROJECTS AND EXPERIENCES

Learning inspired by children's interests, with meaningful teaching moments woven in.

SKILLS FOR LIFE



Our program helps children develop the essential life skills that prepare them for school and beyond:

- **Belonging & Relationships** – feeling valued, connected, and able to work with others.
- **Independence** – building self-help skills and confidence to try new things.
- **Focus & Self-Regulation** – learning to manage emotions, follow routines, and stay engaged.
- **Communication** – listening, understanding, and expressing ideas clearly.
- **Emotional Maturity** – recognising feelings and responding in positive ways.



HOW DO WE BUILD THESE SKILLS?

- Daily routines and visual prompts that create security.
- Role modelling from educators, showing empathy and respect.
- Opportunities to problem-solve, share, and take turns.
- Encouragement to try new things, even when it feels challenging.
- Play-based experiences that promote teamwork, resilience, and kindness.



PARTNERING WITH FAMILIES

We know starting school is a journey for the whole family. That's why we:

- Share updates and resources to support learning at home.
- Keep open, honest communication about your child's progress.
- Encourage participation in school orientations.
- Celebrate every milestone together.



"Care for Kindies understands our child as an individual, and that makes all the difference."

AMIRA, PARENT

CONNECTING WITH THE COMMUNITY



Strong community connections give children real-world experiences that build confidence and belonging. We:

- Visit local schools and community events.
- Invite community helpers into our centres.
- Celebrate culture, diversity, and Indigenous connections to land.
- Run projects that connect children to their neighbourhood and environment.

A YEAR AT CARE FOR KINDIES

Each term of the year has a special focus that builds towards a smooth transition to school.

Across all ages, experiences are tailored so that babies, toddlers, and preschoolers each grow in their own way—always through play, curiosity, and connection.



TERM 1

STRONG SENSE OF SELF

Children begin by developing independence, self-esteem, and awareness of who they are. Experiences are tailored to their stage of development — for babies, this might mean recognising their own belongings or routines, while preschoolers build confidence by sharing their likes, dislikes, and personal identity.

TERM 2

STRONG SOCIAL SENSE

This term focuses on belonging, relationships, and resilience. Babies and toddlers learn about trust, turn-taking, and simple routines, while older children explore social roles, responsibilities, and values, and begin early literacy and numeracy in playful ways.

TERM 3

PRE-LITERACY & PRE-NUMERACY

Across all ages, everyday play becomes a foundation for literacy and maths. For the youngest, this may look like stacking blocks, rhymes, or recognising patterns, while preschoolers engage in activities that build vocabulary, number concepts, and problem-solving.

TERM 4

APPLIED LITERACY & NUMERACY

Children consolidate their learning in age-appropriate ways. Babies and toddlers practise communication, movement, and recognition skills, while preschoolers focus more formally on letters, sounds, and numbers, alongside activities that prepare them for a smooth and confident transition to school.



THE OUTCOME

By the time children leave Care for Kindies, they're not only ready for school—they're eager for it.

With strong foundations in independence, communication, and confidence, they step into their next chapter with excitement, resilience, and a lifelong love of learning.



"We've seen our son grow so much in confidence — he can't wait to start school."

SOPHIE, PARENT